

Beginning in Term One, we will again be onsite after school to deliver on more run, jump, and throw skills development in the Next Athletics program. What better gift to give than the gift of fitness this year!

## Register for a Term One program before December 20<sup>th</sup> for your chance to WIN!

Term ONE 2025 at St Catherine's Thursdays, 3:30-4:30 Thurs 6 February – Thurs 3 April (8 weeks)\*no class Thursday 6 March Levels 2 & 3 (run concurrently) @ Junior School Field



Proudly developed by Athletics Australia, **Next Athletics** is a convenient and dynamic games-based athletics program. Good fun, good friends, and good times in a group-based run, jump and throw athletics participation program for children from 3 years of age through to 12 years of age. What better way to keep kids more active, more often.

Be ready for more fun, more games, and more opportunity to grow. Register now to reserve your place!

## Next Athletics I Term ONE 2025 - Level 2 - St Catherines, Toorak, VIC Next Athletics I Term ONE 2025 - Level 3 - St Catherines, Toorak, VIC

- FREE t-shirt for all new participants
- Play, learn and grow in a safe, inclusive, and social environment
- Gain fitness and game sense in a multi-sport experience
- 60-minute action-packed sessions
- After-school program specifically designed for primary students
- Experienced & accredited coaches

Find your NEXT. <u>Next Athletics Website</u> Facebook and Instagram