



St Catherine's School

# The blue ribbon

WEEKLY NEWSLETTER

CONNECTING PARENTS, STUDENTS, STAFF AND THE WIDER ST CATHERINE'S COMMUNITY

ISSUE 240 16 September 2016 W10 T3

## FROM THE PRINCIPAL



### Michelle Carroll

Our Gala Concert on Tuesday evening was a magnificent showcase of the talents of our students and Music and Performing Arts Faculties, as well as a wonderful opportunity for our School community to join together at the end of Term...[more](#)

## UPCOMING SCHOOL DATES



### Diary Dates

Important upcoming School dates...[more](#)

## EARLY LEARNING CENTRE



### Campbell House News

Our young learners welcomed their Dads and special visitors into the classrooms recently much to the delight of all involved. This week we also provide important information on uniforms for Term 4 and a landscaping update...[more](#)

## SCHOOL NEWS



### From the Director of Curriculum Innovation and Development

Everything is about perception, perception is the key to success. Perception in fact is a critical part of thinking but a part that is ignored at our peril...[more](#)

## JUNIOR SCHOOL



### Barbreck News

Last week our students celebrated Jindiworabak Week with guest speaker Shawn Andrews. We also feature artwork from our Year 2 students and provide details on upcoming assembly events and House photos in Term 4...[more](#)

## COMMUNITY NEWS



### Celebration of Sport Breakfast

All members of the School community are invited to attend the Celebration of Sport Breakfast on Tuesday 11 October...[more](#)



### Celebrate: 120 Years of Blue Ribbon Recipes

Secure your copy of this beautiful book containing over 200 recipes, stories and photos from our St Catherine's community...[more](#)

## SENIOR SCHOOL



### Drama News and National Chemistry Quiz Results

Years 7 and 8 students enjoyed a live theatre experience by renowned group Zeal Theatre who explored the theme of bullying. We also provide details and results from the R.A.C.I National Chemistry Quiz many of our Senior Students participated in...[more](#)



### Senior School Sport

Congratulations to our Junior and Senior Snowsports Teams who have taken out the Double Double – State and National School Champions. We also have an end of season summary on Athletics and Inter School Gymnastics results...[more](#)



### Music Notes

What an EPIC night it was at our 120 Gala Concert on Tuesday night. Head of Music, Mrs Jenny Mathers provides a summary of the wonderful event...[more](#)



## FROM THE PRINCIPAL

MICHELLE CARROLL



### 120 Gala Concert

The 120 Gala Concert at the Melbourne Recital Centre on Tuesday evening was a brilliant showcase of our talented musicians across Years 4 to 12. The audience members enjoyed the well-themed 'EPIC' performances ranging from the superb solo pieces of our VCE Music students – Greta Chen, Sabine Harms and Stephanie Hird and Music Captain, Ruby Smith – through to the massed Choirs involving all students in the Senior School and the youthful enthusiasm of the Years 4, 5 and 6 Barbreck students.

This year, as part of the 120 Celebration, the Barbreck Music program has included the writing and composing of a new song *Blue Ribbon Girl*. The Gala Concert provided an opportunity for the School to hear the first presentation of this song by the Barbreck Choir. It is truly a stunning song and the girls have thoroughly enjoyed working with renowned Australian composer Paul Jarman on this during the Term.

It was so beautiful to see girls at various ages and stages performing such a wide repertoire so confidently and proudly, allowing each girl to shine. The very positive role modelling of our Senior students for our younger girls enabled an understanding of the journey of Music education, and a demonstration of the result of hours of rehearsal, both privately and with ensemble, and how after many years, the expertise that can then be achieved.

It was also a wonderful experience for the girls to perform at the Melbourne Recital Centre, a world class venue enabling their talents to be truly uplifted by the acoustics of the Hall. I was also delighted to see a 'full house' for the girls performing. It is such an exhilarating experience for the girls to look out from the stage.

Thank you to the whole School community for supporting this event. Congratulations to Head of Music Mrs Jenny Mathers, Deputy Head of Music, Mr Tim Collins, Head of Performing Arts, Mr James Brown and Coordinator of Junior School Music, Mrs Melissa Dods for their leadership and inspiration in creating such a wonderful evening of Music for the School.

### 120 Art Exhibition

The 120 Art Exhibition this week has also provided an insight into the strength of our Visual Arts program at St Catherine's. I trust many families have enjoyed the opportunity to stroll through the very full Exhibition in the Dorothy Pizzey Centre over the past week. With art works exhibited from our three and four year old ELC students through to our VCE students, the development and growth of artistic skills, creativity and flair in the works was clearly visible.

Old Girl and successful architect, Marina Carroll ('03), opened the Exhibition last Friday. Marina revealed in her Address how her love of the arts, that emerged whilst at School, led her in the direction of studying architecture and now being employed at Architectus.

Continued...

## SCHOOL DATES

### Friday 16 September

ELC End of Term 3 12.00pm  
Junior School End of Term 3 1.00pm  
Senior School End of Term 3 1.00pm  
Boarders Parent Teacher Interviews  
Illawarra Closes 4.00pm  
Senior School Chinese Cultural Tour departs  
Years 7 & 8 Outback Adventure departs

### Sunday 18 September

Senior School NASA Space Camp departs

### Friday 23 September

Years 7 & 8 Outback Adventure returns

### Wednesday 28 September

Illawarra re-opens for VCE students 3.00pm  
Senior School Chinese Cultural Tour returns

### Thursday 29 September

VCE Units 3 & 4 Trial Examinations

### Friday 30 September

VCE Units 3 & 4 Trial Examinations

### Sunday 2 October

VCE Units 3 & 4 Trial Examinations  
Senior School NASA Space Camp returns

### Monday 3 October

Term 4 commences  
VCE Performance and Language Orals Commence  
Year 8 Beyond Boundaries Mitchell River

### Tuesday 4 October

Years 7 GSV Training (Before School)  
Senior School Speech Night Rehearsal 3.30pm

### Wednesday 5 October

PFA Meeting 8.30am  
Year 7 Immunisations III  
Years 11 and 12 GSV Match (After School)

### Thursday 6 October

Year 12 Leaving Parents' Morning Tea 8.30am  
Years 7 GSV Match (After School)  
VCE Music Recital 3.45pm

# FROM THE PRINCIPAL

MICHELLE CARROLL

Marina has worked on multiple projects for the University of Melbourne including two significant refurbishments in the historic Old Arts building; taking the William Macmahon Ball Theatre and Collaboration Space 4 from feasibility through to completion; certainly an exciting career to share with our Senior Art students.

I attach for your interest a recent article published in *The Herald Sun*, written by St Catherine's Head of Arts, Mrs Brigid Weeraratne. As an experienced educator, Mrs Weeraratne is frequently asked to write for the Victorian newspapers to highlight the key knowledge components for the forthcoming VCE Studio Arts exam. The examination is worth 33% of the total study score. Our VCE students are very fortunate to receive the benefits of such expertise and experience at School. To read the article [click here](#).

## Leadership Handover Assembly

This Friday, the annual Leadership Handover Assembly officially marks our transition to the new student leaders of the School. This is an important milestone for our Years 11 and 12 girls – as we thank and congratulate the Year 12 Captains and welcome and celebrate the incoming 2017 Captains.

On behalf of the School community, I thank both Elizabeth Bolt and Clare Cameron for their leadership this year as School Captain and Vice-Captain. This is an enormous undertaking in Year 12, keeping in balance one's academic studies, a commitment to co-curricular activities and the leadership responsibilities that come with such a role. The girls have ensured a very friendly approach to their roles and always demonstrated School pride, School spirit and an understanding of the essence of being a St Catherine's girl.

The girls have been well supported by an outstanding cohort of Year 12 girls; their commitment, energy and motivation has been felt by all. Their success as leaders has inspired girls to participate, collaborate and fully immerse themselves in School life. I encourage the Year 12 girls to approach the next important weeks of study with dedication, commitment and diligence, and to remind themselves of the goals established at the start of the year and to let this motivate and inspire them to strive to be the best you can be.

At this Assembly we also welcome incoming Captains and our Year 11 cohort to the School leadership roles. This is their opportunity to bring forward ideas, to inspire and motivate fellow students, to assist others and to demonstrate a willingness to accept responsibility.

Congratulations to the following students:

School Captain	Mackenzie Leyden		
School Vice-Captain	Georgie Sitch		
Art and Design	Brigette Cantarella		
Boarding	Esther Teow		
Boarding	Jessica Walsh		
Community Service	Hannah Otto		
Debating	Chloe Thompson		
Drama	Amber Chapman		
Duke of Edinburgh	Sophie Seng Hpa		
Environment	Catherine Mytton		
International	Fuming (Maggie) Yang		
Magazine	Stephanie Wills		
Music Choral	Phoebe Edwards		
Music Instrumental	Ingrid Crossing		
Spirit and Wellbeing	Sarah Fenton		
Sport	Georgia Deacon		
Sport	Chloe Page		
House Beaulieu Blair	Sabrina Reinke	House Davis	Eve Alexiadis
House Beaulieu Blair	Alice Renn	House Davis	Lucinda Kelly
House Holmes Kilbride	Isabella King	House Langley Templeton	Julia Rossi
House Holmes Kilbride	Elsa Robertson	House Langley Templeton	Alexandra Stopp

[Continued...](#)



L-R: 2016 School Captain Elizabeth Bolt, 2017 School Captain Mackenzie Leyden, 2017 School Vice-Captain Georgie Sitch, and 2016 School Vice-Captain Clare Cameron

# FROM THE PRINCIPAL

MICHELLE CARROLL



## Snowsports – Australian Champions

The Snowsports season for St Catherine's ended in style with both the Senior and Junior School winning the 2016 Subaru Australian Interschools Snowsports Championship (Primary Girls and Secondary Girls) at Perisher, NSW last weekend.

This is a great achievement for our Snowsports team, with many of them spending numerous weekends training at Mt Buller across the season. The strength in the team and winning combination results from the girls' abilities to compete across a range of disciplines: Skiing, Snowboarding and Cross Country.

A detailed summary of the Australian Championships is provided on page 13 of this week's *Blue Ribbon*.

## Term 3 Holidays

It has been a productive and rewarding Term for all of our students. I thank them for their commitment to their studies as well as their dedicated parents who support the girls through their academic and co-curricular activities.

Next Term we look forward to several key events including:

Year 12 Valedictory Dinner	Sunday 16 October
Years 9 to 12 Speech Night	Tuesday 18 October
Year 6 Celebration Evening	Thursday 1 December
Senior School House Arts	Tuesday 6 December

I hope everyone has a restful and relaxing break as we prepare for the final term of 2016, particularly our Year 12 students.

Mrs Michelle Carroll  
**Principal**

# EARLY LEARNING CENTRE CAMPBELL HOUSE NEWS



## Blue Gum Room

With spring now upon us, the children in Blue Gum Room have taken inspiration from the seasonal changes occurring in the gardens around us. The children looked closely at the magnificent magnolia flower and completed still life paintings using pink and mauve tones. They were also fascinated by the leaves on the magnolia tree which are shiny green on one side and matte brown on the other. These leaves were used for painting patterns in earth tones. The daffodils have also begun to grow and they have been used as a stimulus for collage. The children have used the tissue paper to work on intricate daffodil collages. The spring weather has also lent itself to increased outdoor play. The children have been enjoying the spring sunshine while collecting sticks, seed pods, leaves and bark which they have been using for patterning. The children's connection with nature provides them with a myriad of learning opportunities on a daily basis.

Ms Sarah Bethune

**Blue Gum Room Teacher**  
**ELC Coordinator**

## A Term Ends

After what has been a very busy Term 3, the holidays and hopefully some warmer weather are upon us. Campbell House staff and I wish all families a happy and restful break. Regardless of what families plan to do throughout the holidays, either travelling or staying at home, the change of pace and routine can be very refreshing. Recharging before an always busy Term 4 at School and preparations for the new year, is really important.

The first day of Term 4 is Monday 3 October and we look forward to welcoming our learners back into Campbell House and also introducing several new learners into our setting. The final term of 2016 is set to be highly engaging and productive.

## Term 4 and Uniform

Term 4 usually brings warmer temperatures and learners in Campbell House will wear summer School uniform. At parent's discretion, it may still be necessary for children to wear winter uniform in the first weeks of Term 4 (weather dependent). Spring weather can be difficult to predict!

The mornings can still be chilly before the day begins to warm up, therefore we recommend children still wear, or at least bring, a winter uniform top on most days.

## Summer Uniform

A reminder that St Catherine's ELC summer uniform consists of:

- St Catherine's sports top
- St Catherine's shorts, sneakers and sports socks

Continued...



- 1 Avalon and Jemimah work on still life paintings of the magnolia flowers
- 2 Soraya and Harry take inspiration from the daffodil flowers
- 3 Amelie and Charlotte paint patterns on to the leaves
- 4 Charlie and Amelie use the tissue paper to work on their daffodil collages
- 5 Harry and Charlie explore the earth tones on the leaves
- 6 Charlotte uses the beautiful pink and mauve tones to complete her still life painting

# EARLY LEARNING CENTRE CAMPBELL HOUSE NEWS



## Landscaping in Campbell House Update

The first of our two stage landscaping plan for our ELC outdoor area will hopefully be completed shortly, with stage two commencing immediately after the completion of stage one.

Stage one is providing us, as educators, much excitement and it looks fantastic. Our young learners have been very patient in every respect. They continue to be intrigued by the daily developments and new play and discovery opportunities.

## Father's Day Celebrations

Campbell House staff ensured that all the fathers, or special men in children's lives, thoroughly enjoyed a Father's Day visit in the classrooms recently.

With gifts crafted and designed with love, scrumptious food, beautiful singing, as well as warm hugs and lots of broad smiles, the time spent in the Early Learning Centre for this special occasion will be long remembered. Relationships filled with love and respect are so important. It was indeed evident during the visits that our Campbell House learners are all very loved!

My congratulations and thanks to all staff involved in the gorgeous celebrations. A great deal of preparation, thought, planning and work by our learners and staff from each classroom goes into such occasions, with the results always being so meaningful.

Mrs Alana Moor  
**Head of ELC and Barbreck**



- 1 The children in Blue Gum Room shared their favourite story *Kisses for Daddy* with their Dads
- 2 The Blue Gum Room children enjoyed a delicious breakfast with their Dads
- 3 Joshua and John Walshe celebrate Father's Day together
- 4 Charlie and Steve a'Beckett enjoy breakfast
- 5 Ellie Damiris sharing special moments with her father during the Wattle Room Father's Day Breakfast

## JUNIOR SCHOOL JUNIOR SCHOOL NEWS



### Term 3 Closes

Term 3 has seen much action, tasks completed, learning accomplished and it has certainly passed by at a pace. May the holidays herald a time for fun and relaxation and certainly, at least a change of routine. We look forward to welcoming several new girls in Term 4 which commences on Monday 3 October.

### Celebrations at Assembly in Term 4

The first Barbreck Assembly will be held on Tuesday 4 October. We will heartily celebrate what was an outstanding series of Snowsports events. Mr Mark Cooper, Head of Swimming will also present the Term 3 Swimming trophies to the worthy recipients.

The third Barbreck Assembly in Term 4, Tuesday 18 October, will see us celebrate all the avid readers in the Junior School as we hear about the House Reading Challenge results. Also, we will be party to the unveiling of this year's book illustration which was announced, but not available in Book Week, Term 3. We will also look forward to experiencing some Latin spoken by Year 6 student, Angela Yu.

Please note that there is no Barbreck Assembly scheduled for Week 2 of Term 4, Tuesday 11 October, which has been set aside for House photos.

### Jindiworobak Week

Assembly last week was led by Shawn Andrews, one of our favourite speakers and story tellers! Shawn is already a familiar face in the School and always a very popular and warmly welcomed guest speaker. Jindiworobak Week means 'coming together'.

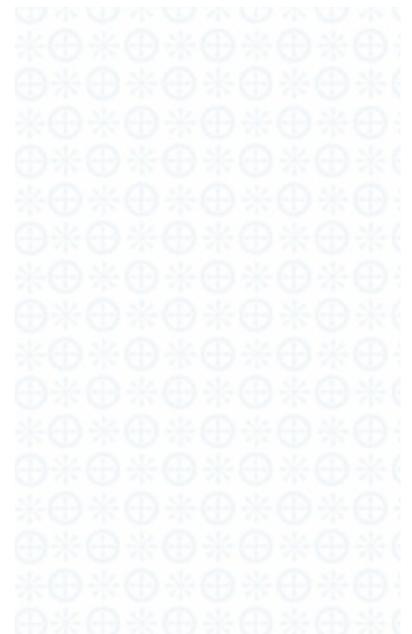
Shawn Andrews, a Yuganbeh man from Indigicate Indigenous Education spoke to all of us in the Junior School and then conducted a session in most Year levels in Barbreck in order to assist us to celebrate and observe Jindiworobak Week. (Wurundjeri language which celebrates connection and friendship.) Barbreck students were keen to listen to Shawn's stories, so beautifully told and we all learned a great deal.

### 120 Art Show

What a fabulous Exhibition which showcased artworks from our ELC to Year 12 students recently. The photos in this edition of *The Blue Ribbon* highlight the careful attention to detail and the pride in their work as the Year 2 students conveyed through art, their reflections upon a cross-curricular excursion to the National Gallery of Victoria to examine the works of Degas.

### Term 4 Uniform

Term 4 is a term in which students wear summer uniform. Sunhats must be brought to School each day and must be worn at recess, lunch and during physical education and sport sessions. There is a two week transition period from day one of Term 4 that allows students to wear winter/summer uniform (weather dependent). The whole Junior School must be wearing summer uniform commencing on Monday 17 October.



### Year 2 NGV Degas Excursion Cross-curricular artwork

As part of Art Class, Year 2C and 2I attended the Degas exhibition at the NGV. Following the exhibition talk and tour, all the students completed two tasks: a literacy report writing and a diorama. They explored a range of ballerina poses and drawing and painting techniques developed by Degas.



# JUNIOR SCHOOL

## JUNIOR SCHOOL NEWS

### House Photos for School Magazine 2016

Please note there will not be a Barbreck Assembly during Week 2 of Term 4 on Tuesday 11 October. The time is set aside for House photos to be taken.

Students in Prep to Year 6 must wear House t-shirts and tracksuit pants (no shorts). This clothing may be worn for the whole School day and to and from School. This is an important photo and all students present and in the correct uniform (as stated above) will be included. We want everyone to be in their 2016 House photo!

Mrs Alana Moor

**Head of ELC and Junior School**



## FROM THE DIRECTOR OF CURRICULUM INNOVATION AND DEVELOPMENT

### Perception is the Key to Success

The end of term is very nearly upon us and I imagine for everyone with some connection to St Catherine's that signals slightly different feelings. Some students (and adults!) may view the impending break with a wide grin, a chance to relax, to re-charge the batteries. For others, it signals more work – the kids are at home!! And, for some, it means that the year itself is quickly running out of days. For Year 12s this break signals a milestone, it's the end of their last full term of education at 17 Heyington Place and, again, depending upon the individual, that in itself ignites all sorts of feelings and emotions.

Thinking about why this is so, I think it tells us something that is incredibly important. Everything is about perception, perception is the key to success. Perception in fact is a critical part of thinking but a part that is ignored at our peril.

Earlier this year, I had the great fortune to meet Professor David Perkins from Harvard University, one of the great educators involved in the world renowned Project Zero program. David went as far to say that 90% of errors in thinking are errors of perception, and an incredibly low amount are caused by errors of logic. Since the Middle Ages our education has been based primarily upon truth, logic and argument with very little educational time devoted to perception; after all, the Church and its teachings were infallible, so logic and truth allowed no space for individual perception. We have become incredibly good at understanding truth and logic, even a two year old for instance would not mix up a car with a cow, but we are very much weaker at understanding situations, and so we rely on our perception. How I perceive the end of term is how I understand it and, yet, as Professor Perkins points out we make so many thinking errors.

There is an old story that illustrates how errors of perception occur. In Grade 2 a little girl was playing with her friends when one of them offered her a choice: would she like the big one dollar coin, or the smaller two dollar coin? The little girl took the one dollar coin, after all it was larger, but her friends laughed at her choice. The next recess, the same thing occurred and the little girl made the same choice. Whenever her friends wanted a laugh they would bring out the coins. One day, a helpful teacher was watching and he felt sorry for the girl. After witnessing the giggling after she again took the one dollar coin, he decided to take her aside and explain that even though the one dollar coin was larger it was in fact not worth as much as the two dollar coin. The little girl smiled and politely thanked the teacher before saying: "I know that but how many more times would they have offered me the coins if I had chosen the two dollar coin the first time?"

It's a matter of perception. If you understand the situation you do better, if you are seeing it as a singular event then you don't. If I think about the coming break, those with a large grin, those eagerly awaiting its arrival, are those who are viewing these holidays as one in a long line – their perception is really positive. For those who are viewing the upcoming break as something entirely new (after all, for the Year 12s they've never had a break quite like this one) then perception can get in the way. If anyone is feeling some trepidation I say this – you are well prepared, well supported and that's no perception! So it's nothing new at all, wear a big grin, be confident because you understand the situation completely. Don't let perception get in the way of twelve years of logical learning! That's my perception.

Mr Adrian Puckering

**Director of Curriculum Innovation and Development**



## SENIOR SCHOOL

# DRAMA NEWS, NATIONAL CHEMISTRY QUIZ AND BUS SERVICE INFORMATION

### Drama News

On Wednesday 24 August, all Years 7 and 8 students were treated to a wonderful piece of live theatre by well renowned group, Zeal Theatre.

Their performance of Brat Camp was centred on the theme of bullying, set in a camp specially designed to 'cure' these brats. In the Q&A session post performance, it was discovered that the inspiration for the show came from actual camps that exist today here in Australia and the US.

It was a wonderful opportunity for the girls to see a professional performance which had limited yet creative use of sets and props, two people playing multiple characters and audience interaction. These are the skills which they use and develop throughout their two years in Drama.

The value of seeing live theatre is priceless and by the sounds of the conversations after the performance, the girls valued the opportunity to see such a sharp, professional and entertaining piece of theatre.

Ms Tessa Dunstan

**Head of Drama**

### Australian National Chemistry Quiz

In July, Science students participated in the R.A.C.I. Australian National Chemistry Quiz. The Quiz attracted entries from schools in Australia, Asia, England, Canada and Switzerland. The aims of the Quiz are to promote and encourage an awareness of the nature and relevance of Chemistry amongst secondary school students. All VCE Chemistry and interested Year 10 students participated in the Quiz.

Congratulations to the following students for an outstanding effort:

Year 10 Candidates Demi Markakis received a Distinction, and Isabelle Gough, Isabel Gray and Lucy Porter received a Credit.

Year 11 Candidates Ruyan (Lily) Li and Zeyi (Zoe) Yu received a High Distinction. Alexandra Garrett, Cluny Gilmour, Lydia He and Man In (Rachel) Ung received a Distinction. Demetria Avdalis, Ingrid Crossing, Isabella King, Chloe Page, Sophie Seng Hpa, Sophie Sitch and Fuming (Maggie) Yang received a Credit.

Year 12 Candidates Katherine Duong, Yunjia (Kitty) Hong and Katherine Yuan received a Distinction and Gemma Chan, Georgina Cheale, Madeline Mills and Katherine Zhao received a Credit.

High Distinction – the top 10% of students in the state.

Distinction – 10%-25% of students in the state.

Credit – the top 25%-40% of students in the state.

Ms Vanessa Jackson-McRae

**Head of Science**

### Brighton and Williamstown Buses

Please note on the last day of Term 3, Friday 16 September the School buses servicing Brighton and Williamstown will depart School at 1.10pm to accommodate the early finishing time.



SENIOR SCHOOL

## BEYOND BOUNDARIES: GROWTH THROUGH ADVENTURE AND CHALLENGE



*"Optimist: one who finds an opportunity in every difficulty.  
Pessimist: one who finds a difficulty in every opportunity."*

Unknown

Exciting times are ahead for the Year 8 girls who will be embarking on their five day Mitchell River Journey on day one of Term 4. The girls will be travelling through the Mitchell River National Park with two different modes of transport – whitewater rafting and hiking.

The Mitchell River National Park has the southernmost occurrence of dry rain forest in Victoria with its dominant species of Kurrajong found on the rocky slopes of the Mitchell River Gorge. The Park has special conservation values with several significant communities and a number of rare and threatened species of State and National significance. The Mitchell River is heritage listed and also holds a rich cultural history which tells stories of conflict between tribes, ceremonies, food gathering, community life and spirits that inhabit the area.

Alfred Howitt was the first European explorer to survey the River accompanied by two Aboriginal guides, Bungil Bottle and Master Turnmile. Howitt travelled down the Mitchell River in a bark canoe. When they reached the rapids they were forced to abandon the canoes and travel up Woolshed Creek where they discovered the Den of Nargun.

The Mitchell River is part of a 260km river system, making it Victoria's largest remaining wild and free flowing river. It flows from the Great Dividing Range where the Wonnangatta and Dargo Rivers meet, to its mouth feeding the heart of the Gippsland Lakes near Paynesville.

We wish the girls all the best on their journey along the Mitchell River, working in teams to hike and raft their way through the serene rainforest gullies and rugged landscape.

For more information on St Catherine's Beyond Boundaries program please contact the Beyond Boundaries Office on 9828 3057.

Wishing you all a safe, happy and adventurous break.

Ms Casie Chalman

**Director of Outdoor Education**



**Fact File:** *Den of Nargun*

The girls will get to visit the Den of Nargun which is a place of great cultural significance to the Gunaikurnai people, especially the women. They will experience an authentic cultural learning experience with an Indigenous female elder.

The Den of Nargun is a special place for women and was used for women's initiation and learning ceremonies. Traditionally Gunaikurnai men were not allowed down to the Den of Nargun or the Woolshed Creek Valley. Gunaikurnai men respected this traditional law and still do today.

For more information [click here](#).

## SENIOR SCHOOL MUSIC NOTES



### Gala Concert

A large number of girls attended the Gala Rehearsal Day on Sunday 11 September. This was really our last chance to polish material for the Gala Concert. The rehearsal day on the 13 September was at the Melbourne Recital Centre itself, but the bulk of the day was spent staging each item and ensuring the girls knew where they had to be at any given time. It is a very big day for the musicians, but they were outstanding in managing their time.

It was truly wonderful having the Junior School as part of the Gala Concert performance. I must compliment all of the students involved on their exemplary behaviour in the audience, on stage and back stage. Staff members worked extremely hard behind the scenes to make the evening work, and the feeling was, without question, one of total collaboration and belief in the importance of the event. The feeling of excitement and deserved accomplishment from the girls was all the reward staff needed. We would like to thank the many parents who were moved to write gracious emails to the School. I have included two examples here:

*"Well I can only say what a magnificent show last night. Every year it gets better and better and I don't know how you all manage to do this in such a short space of time with all the other things the girls have on during the year. I was incredibly moved by the No Time piece which was simply beautiful – I thought I was listening to a world famous choir. Also See the Sun was magnificent and a lot of people I was talking to thought this was a showstopper."*

*"Wow!!!!!! What a fabulous performance from everyone last night but especially to the Strings who I thought were the absolute heroes of the night with the endurance they displayed. The night truly was EPIC with so many memorable performances and performers. The St Catherine's girls continue to shine brilliantly with the guidance of everyone in the Music Department. Congratulations to everyone on the performance that went above and beyond expectation."*

### VCE Soloists

Congratulations to our VCE soloists who performed so beautifully on Friday 9 September at the Toorak Uniting Church. We are again grateful to be able to use the wonderful ambience of the Church to enhance the girls' hard work and artistry. Our three Unit 4 soloists, Greta Chen, Sabine Harms and Stephanie Hird all performed their full 25 minute programs, and Unit 2 student Phoebe Edwards performed one song from her program, giving us an exciting taste of the high standard that we can expect next year.

Many thanks to the individual accompanists for the evening, particularly staff-member Ms Janis Cook, who spends a great deal of time with the girls working on their repertoire at School. Thanks also to Mr Tim Collins for organising this important preparatory experience and Mr Leigh Olsson for recording the event for student feedback and dissection.

All the best to our magnificent musicians and their families – we hope you have a rejuvenating break before the swift and exciting Term 4 is upon us. Thank you again for your support and belief in your daughters and the Faculty. Together, we can create once-in-a-lifetime experiences.

Mrs Jenny Mathers  
**Head of Music**

## JUNIOR AND SENIOR SCHOOL SNOWSPORTS



### National Interschools Snowsports Championships

Congratulations to all the girls who took part in the National Interschools Snowsports Championships last week at Perisher. In a fantastic display of teamwork and all round Skiing, St Catherine's placed first in both the Primary and Secondary female categories. Both categories were won by comfortable margins and there were many happy, smiling faces.

Our wins in the categories reflected an amazing consistency across all Divisions and disciplines with our Teams regularly finishing in the top five positions. Our Division 2 Alpine girls placed first which reflects the overall strength of the St Catherine's team.

Conditions were not always favourable and our girls displayed amazing resilience to compete and earn valuable points for our School.

St Catherine's can easily lay claim to being the best girls' Snowsports school in Australia having completed the 'Double, Double' with our Nationals result following on from the Victorian Interschools result.

### National Cross Country

#### Individual Race

Division 3 A Team Second

Division 4 B Team Second

Division 4 A Team Third

#### Relay

Division 2 A Team Third

Division 3 A Team Third

Division 4 A Team Second

### National Alpine

Division 3 A Snowboard X Second

Division 2 Snowboard GS Second

Division 4 Skier X Second

Division 4 Alpine Third

Division 2 Alpine First

A big thank you to our extremely supportive parents and Snowsports Auxiliary who make enormous efforts to travel to Perisher, volunteer as officials and encourage our girls all for the greater good of St Catherine's. Well done to all our Snowsports participants on another great season!

[Click here](#) to view the Overall Pointscore for the Primary and Secondary Girls Schools.

Mr Tom Crebbin

**Junior School Head of Physical Education**



## SENIOR SCHOOL

# SENIOR SCHOOL SPORT

### St Catherine's Athletics Season Wrap

The Term 3 holidays marks the end of a very successful Track & Field season at St Catherine's. The 2016 season has gone from strength to strength, with more girls choosing to participate and improve their athletics skills and challenge their competitiveness against other Schools from around the state.

#### St Catherine's Personal Best Meets

Our season started in the cold and wet month of July, not necessarily ideal for Athletics, however this did not stop our Team from getting involved and putting some strong performances on the board. Wanting to give our girls more opportunity to experience the competitiveness of Athletics competitions, St Catherine's chose to enter a number of the GSV Personal Best (PB) Meets in 2016. This was a huge success, particularly with our Years 7 and 8 students, who jumped at the opportunity to try so many different events and challenge themselves to see how much they could improve week to week. Little surprises along the way including, Anouk Heidenreich (Year 7) and Tabitha Manson (Year 7) in the Long and Triple Jump got the coaches very excited about the Team's prospects at the GSV Track & Field Carnivals.

#### GSV Preliminary Carnival

Off the back of this extra competition experience, St Catherine's entered the serious part of the GSV season with plenty of confidence. St Catherine's may have not had the largest team on the day, however its team was packed full of talent and this was highlighted by us taking out the pollution trophy and an overall second place to Loreto, 2015 GSV Champions. There were many outstanding performances on the day, however some of the highlights included:

- Romilly Walker (Year 8) Romy recorded a 16 second PB in the 800m, running 2.33, making her the second fastest junior athlete on the day.
- Tamsin Sleigh (Year 7) although injured and ruled out of competing in her favourite event the Hurdles, was able to refocus and transfer that skill into her other events in the throws and sprint. Tamsin recorded wins in both the Discus (21.89m) and 100m (14.35).
- Sarah Wilson (Year 10) stamped her intentions off the back of an incredible season of Cross Country. Sarah smashed her 1,500m PB (5.28) and controlled her race from start to finish in a dominant performance.
- Sabrina Reinke's (Year 11) performances highlighted her School spirit. Although the arts may be Sabrina's first love, this never prevents her from getting out and challenging herself at Athletics training and competitions. This season, Sabrina recorded personal bests in both the High Jump (1.41m) and Long Jump (4.27m) and was a huge contributor of points towards the School's overall performance.

#### GSV Championships Carnival

Finishing second in the Preliminary Carnival secured St Catherine's a spot in the Division One Championships for the second year in a row. Having finished sixth in 2015 the objective was simple, do our best to improve last year's Team result. However in 2016 this proved to be extremely tough. Post the Preliminary Carnival there appeared to be only 100 points separating second to seventh, which made for an extremely close and tough fought Championships Carnival. With an emphasis on getting behind and giving it their all for their Team, St Catherine's stuck together, finishing an improved fifth overall and gaining a sense that with a strong teamwork mentality a top three finish in seasons to come is not out of reach.

Highlighted team performances included:

- Our Junior Throws squad all recorded big personal bests and top three performances in Division One. Their friendship and the enjoyment they gained from training and challenging each other really proved the difference.
- The Hurdles squad were the best performing hurdles crew of the GSV, winning three out of the eight races and finishing top three in the rest. The confidence and strength they gained from seeing each other perform so well created a snowball effect.
- Our Middle Distance squad, were the hardest workers of our Team. The training standard set by the entire group was intense, which paved the way for huge improvements by the entire group. Top three performances in the majority of events really challenged the dominance of middle distance powerhouse school, Ruyton, and suggests this squad will only get better in years to come.



1 Georgia Deacon (Year 11) Javelin

2 Georgina Vote and Tamsin Sleigh (Year 7) 4x100m Relay

## SENIOR SCHOOL

# SENIOR SCHOOL SPORT

- Our High Jump squad, continued to set the bar high in 2016. With Friday morning High Jump training always attracting 10 or more jumpers, they inspire each other to jump higher than before. Our high jumpers won five out of the 12 high jump competitions in Division One.
- Our Year 7 Sprint squad displayed confidence and maturity in approaching their events. All girls achieved season best times and qualified themselves to represent in all the sprint events (100m, 200m, 400m and 4x100m) at the GSV Finals Evening.

### GSV Finals Evening

The GSV Finals evening is the pivotal individual athletics competition for the GSV season. It brings together the top 8/12 athletes in each event across the three Divisions. This year St Catherine's had 32 girls qualify for 50 events, improving from 22 girls in 40 events in 2015.

The GSV Finals evening is always a fantastic competition that highlights the athletics skills and competitiveness of girls in sport. St Catherine's athletes performed outstandingly, with many personal bests accompanying three gold, seven silver and three bronze medals.

Highlight performances on the night included:

- Annie Anezakis, 2016 Athletics Captain, lead from the front winning the blue ribbon event of the meet, the Year 12 100m. Annie, in her last ever GSV Finals evening appearance continued to display her fierce competitiveness and determination in the race, inspiring junior sprinters to follow in her footsteps.
- Alexandra Demetriou, won the Year 7 800m. Alexandra has gone from strength to strength this season, gaining confidence not only from her improved performances, but also from the enjoyment of shared training with her friends and teammates in the middle distance squad. On the night Alexandra was able to execute a simple, well timed race plan which resulted in her achieving a massive personal best of 2.26, stamping her potential in the sport of Athletics.
- Juliet Grant, finished second in the Year 10 400m. Juliet proved that with hard work and consistency at training comes great reward. Juliet improved her time from 64 seconds in 2015 to in an incredible time of 59.89, placing her 0.5 away from the Australian national qualification standard this season.
- Bridget Vogel-Paul (Year 7) showed poise and determination in jumping her PB of 1.45m and winning the Year 7 High Jump. Bridget didn't stop trying and battled every attempt to clear herself over the winning height.
- Elodie Ferrali (Year 7) claimed two silver medals on the night in the Year 7 Hurdles and 400m. Her fearless approach to her racing proved the difference as she once again smashed her personal bests on the way to recording Australian national qualifications in the U14 400m.
- Year 12 4x100m Relay. For the last time, Hannah Wentworth, Ella Swann, Georgie Gleeson and Annie Anezakis competed together to achieve the silver medal in the 4x100m. The majority of this Team have been competing together since Year 4 and have had a huge amount of success along the way. The performance of this Team highlights the importance of friendship and teamwork in sport.

### Athletics Victoria All School Competition

On top of our strong GSV presence St Catherine's also competed extremely well at State Championships level this Term. St Catherine's once again performed strongly at the All Schools State Relay Championships, coming away with two bronze medals:

- Under 20 Girls 4x100m – Ingrid Crossing, Ella Swann, Annelise Cody and Annie Anezakis
- Under 20 Girls 4x400m – Elodie Ferrali, Juliet Grant, Isabelle Dann and Annelise Cody

We also competed in the All Schools State Knockout Championships, a team based competition.

St Catherine's entered a junior and senior team who both competed extremely well:

- Junior Team – Romilly Walker, Millie Fraser-Smith, Alexandra Demetriou, Tamsin Sleight, Georgina Vote and Elodie Ferrali finished eighth in the state.
- Senior Team – Juliet Grant, Isabelle Dann, Ingrid Crossing, Annie Anezakis, Stephanie Ferrali, Emily Sutherland and Georgia Deacon did extremely well finishing fourth in the state.

Mr Lloyd Knight

**Sport & Athlete Development Coordinator – Head Coach of Athletics**



1 Ingrid Crossing (Year 11) High Jump

2 St Catherine's 2016 Division 1 Championship Team



[Click here to watch footage of the Under 20 Girls 4x100m Relay race at the All Schools State Relay Championships](#)

## SENIOR SCHOOL SENIOR SCHOOL SPORT

### 2016 Inter School Gymnastics Championships

During the week Tuesday 30 August to Friday 2 September our Senior School Gymnastics Team competed in the Victorian Inter School Gymnastics Championships. With a team of 65 girls, St Catherine's proudly placed second in the Championships out of 26 Schools.

Day one began at 7.00am with 10 girls eager to compete. First up our A2 Team came out to play and performed beautifully especially on floor. The Team of Annabel Whiter, Chloe Manson, Sunny Millis, Nina Pigram and Sophia Livanidis placed fourth against some very tough competition.

The Years 7 and 8 team of Indiana Wilde, Sienna-Eliza Podolak, Emily Ryan, Mia Jurcevic and Allegra Dennison continued our wonderful start to the competition by placing third in the Junior E Division, with Allegra placing sixth individually. At the end of day one competition we were sitting third on the leader board behind Star and Loreto.

Day two was another early start with 22 girls looking very smart in their St Catherine's competition leotards. Again, like last year there was a tight tussle between the Year 11 and Year 12 Teams. This year the Year 12 Team were victorious. Their Team of Annie Anezakis, Greta Tarrant, Mia Lansell and Natasha Fowler placed second and the Team of Julia Rossi, Letecia Robertson, Sarah Fenton placed fourth in the Senior E Division. Annie placing third and Greta first individually.

Our Senior D Team of Lucy Church, Isabel Gray, Isabelle Binsted and Annabel Joubert continued our wonderful start to the competition by placing third.

The Years 8 and 9 Teams followed suit, with Romilly Walker, Ella Carton, Isabella McDonald, Julia Stern and Alexandra Lidstrom placing third in the Junior D Division and Lauren Lew, Lily Trosdal Ryan, Alice Menzies-King, Millicent Cottrell and Isobel Tanner placing second in the Junior E Division. Lauren placing third, Lily second, Romilly seventh and Ella fifth.

St Catherine's was still sitting third behind Star and Loreto on the leader board at the end of day two. Day three was our busiest day with 33 of our girls who represented seven of our 14 Teams competing.

St Catherine's girls continued to achieve wonderful results with the Years 10 and 11 Senior E Division Teams of Georgia Deacon, Sophie Sitch, Bridget Lieberman, Georgina McNab, Chloe Page placing fourth also Demi Markakis, Babette Buddle, Olivia Murdoch, Lucy Porter and Jasmine Pearce Higgins placing third. Sophie and Jasmine placing equal sixth individually.

Our Year 10 Senior D Division Team of Juliet Grant, Stephanie Ferrali, Allyson Alblas and Caroline Sawers placed third with Stephanie and Caroline placing fifth and eighth respectively.

The Junior Teams finished off the day with amazing performances. Our Year 7 participants overcame their nerves to represent the School with pride. The Year 7 Junior E Division Team of Chloe Joubert, Isabella Bufé, Olivia Nash and Isabella Mangano placed second, Chloe, Isabella M, and Isabella B placing third, fourth and sixth respectively. The two Years 7 to 9 Junior D Division Teams of Sarah Whiter, Elizabeth Anastasiadis, Julia Thompson, Harriet Fortey, Alice Needle, Tabitha Manson, Isabella Hornor, Pippa Naylor, Eliza Mailer, Ruby Moir, placed equal second. Eliza placing second, Sarah third, Tabitha sixth, Elizabeth seventh and Harriet eighth.

Our final Year 7 Division Team of Anouk Heidenreich, Charlotte Stern, Katherine Lee, Molly Robertson and Elodie Ferrali placed first with Anouk second, Katherine fourth and Elodie eighth.

To finish off a wonderful three days the girls cheered their way to secure the Team Spirit Award for St Catherine's. To find we had passed Loreto on the school leader board was icing on the cake.

Congratulations to all the girls for a wonderful effort and to all the teaching staff for their support in both the House and Inter School Gymnastics competitions.

Mrs Cherie Johnstone  
**Gymnastics Coordinator**



## COMMUNITY NEWS

# 120 COOK BOOK AND CELEBRATION OF SPORT BREAKFAST

### Celebrate: 120 Years of Blue Ribbon Recipes

Our 120 year milestone cookbook is now at the printers. This beautiful book contains over 200 recipes, stories from our St Catherine's community and many stunning images.

We expect to take delivery early in Term 4, so whether you are looking for a memento for your daughter of her time at St Catherine's or some stunning Christmas presents, make sure you secure your copies [here](#).

There is a limited print run so be sure to get in early.

Mrs Christie Freeman

**Parents' and Friends' Association**

### Celebration of Sport Breakfast

Please join us for breakfast to celebrate Sport at St Catherine's on Tuesday 11 October, commencing at 7.00am in the St Catherine's Hall.

We will be joined by outstanding sportswoman Lee Naylor, a multiple Olympian and Commonwealth Games athlete. Among Lee's many accomplishments she has competed at the Sydney and Atlanta Olympic Games in the 400m and 4 x 400m relay, Commonwealth Games 1994 and 1998 (gold medal relay), World Championship 1995 (bronze medal 4 x 400m) and 1999. Please come along to hear about her sporting journey.

All students who have participated in any GSV sport this year are encouraged to attend, as well as girls who have participated in Rowing, Snowsports and Gymnastics. Students and parents can look forward to a fun and informative morning with videos, lots of photos and a wrap-up of the students' success in the sporting arena this year.

The St Catherine's Sports Department will be awarding a student, in each sport, at each level, with the following awards:

#### Excellence Award

Awarded to a student for excellence in performance, participation and leadership in their chosen Interschool sport at St Catherine's.

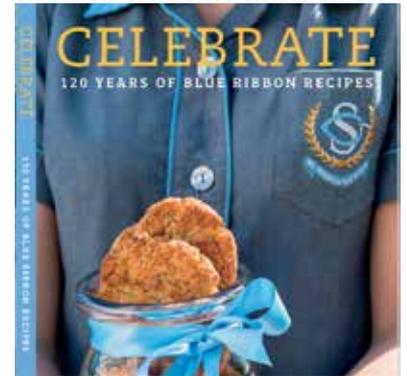
#### Coaches' Award

Awarded to a student for consistent performance, dedication and sportsmanship in their chosen Interschool sport at St Catherine's.

Students are to wear their Sports Uniform to the Breakfast.

Tickets must be booked in advance: Adults \$20, Students: free (but must be booked)  
Please [click here](#) to register.

St Catherine's School Sports Auxiliary



## St Catherine's School 'Celebration of Sport' Breakfast

Tuesday 11 October 2016  
7.00am – 8.30am  
St Catherine's Hall

Adults: \$20 per person  
Students: Free

Please [click here](#) to book tickets  
Bookings close on Friday 7 October

