



St Catherine's School

the blue ribbon

WEEKLY NEWSLETTER

CONNECTING PARENTS, STUDENTS, STAFF AND THE WIDER ST CATHERINE'S COMMUNITY

ISSUE 236 19 August 2016 W6 T3

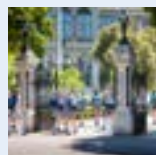
FROM THE PRINCIPAL



Michelle Carroll

The Olympics provides the world a chance to watch, appreciate and recognise the outstanding abilities and achievements of female athletes...[more](#)

UPCOMING SCHOOL DATES



Diary Dates

Important upcoming School dates...[more](#)

EARLY LEARNING CENTRE



Campbell House News

Our young learners communicate their thoughts through painting, drawing, wood work, construction, music, movement and talking with their peers and educators...[more](#)

SCHOOL NEWS



From the Director of Student Wellbeing

St Catherine's School is committed to providing a child safe environment...[more](#)

JUNIOR SCHOOL



Barbreck News

We are proud to announce three student French Ambassadors this week. We also provide details on our Year 2 excursion to the Degas Exhibition and a rundown of District Athletics from our Head of Physical Education Mr Tom Crebbin...[more](#)

COMMUNITY NEWS



PFA Father's Day Breakfast and Barbreck Stall

The PFA invites fathers, grandfathers, special male relatives and daughters to the Father's Day Breakfast Friday 2 September 7.00am...[more](#)

SENIOR SCHOOL



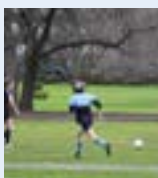
Parent Teacher Interviews and Beyond Boundaries

Bookings are now open for Parent Teacher Interviews. Further details on Beyond Boundaries camps and clothing and equipment lists are now available online...[more](#)



Year 7 at the Zoo

Year 7 student Holly McGlaughlin provides a reflection on the Year 7 excursion to the Melbourne Zoo...[more](#)



Senior School Sport

Results from Intermediate and Junior Soccer as well as Senior Badminton results...[more](#)



Heyington Club AGM

All members of the School community are invited to attend the annual general meeting of the Heyington Club on Monday 12 September...[more](#)



FROM THE PRINCIPAL MICHELLE CARROLL



Celebrating the Sporting Success of Women

With the Australian sports media normally awash with men playing Football or Cricket, I always enjoy celebrating the achievements of women in sport every four years during the Olympics. This year Australia's female athletes in Rio have provided many outstanding moments to celebrate.

Over the past two weeks, St Catherine's girls have been inspired by Australia's women's 4 x100m winning Freestyle Relay Team and the show of strength of the women's Rugby sevens Team. St Catherine's Diving Coach, Annabelle Smith, provided much to celebrate with a Bronze medal in the 3m synchronised diving, with partner Maddison Keeney. We have also been inspired by the efforts of Sarah Banting, a St Catherine's Rowing Coach, who has competed in the women's Vllls in Rio as well. The Olympics has also highlighted lesser known sports to the world, none more so than the success of Australia's Catherine Skinner, who won Gold in the women's Trap Shooting.

Joining together as a nation to support, celebrate and commiserate with, and for, our athletes provides us with a wonderful sense of belonging and pride. I have enjoyed many conversations this week with St Catherine's rowers about the brilliance of Kim Brennan, once a track athlete at Ruyton, winning Gold in the women's single scull. Kim's reflections, broadcast around the world on *The Huffington Post*, also provided an amazingly frank perspective on life as a professional sports person, "It's a bit ironic that sportspeople are held up as heroes. In reality we're the lucky ones, we're living our dream, we're travelling to amazing places doing what we love." The full interview with Kim Brennan is well worth reading [here](#).

The grace and poise of the Australian women in defeat has also provided some worthy life lessons. Swimming sisters, Cate and Bronte Campbell's eloquent interviews immediately following personal disappointment remind us all about the importance of participation and personal bests, the girls commenting that "It's not about winning at the Olympic Games, it's about trying to win," and "The motto's 'faster, higher, stronger', not 'fastest, highest, strongest'. Sometimes it's trying that matters."

However, the celebration of women's achievements in the Olympics has not always been the case. Jules Boykoff, author of *Power Games: A Political History of the Olympics* (Verso, 2016) highlights that the Olympics has long echoed the gender structures of society, dating back to the early 1900s, when International Olympic Committee (IOC) President Pierre Fredy Baron de Coubertin was implacable, angling for the continued marginalisation of women's sports. After the 1912 Stockholm Games, he and many of his IOC colleagues believed "an Olympiad with females would be impractical, uninteresting, unaesthetic and improper."

[Continued...](#)

SCHOOL DATES

Friday 19 August

Year 7, 2017 Make Up Testing 8.45am

Sunday 21 August

Boarders' Program 2.00pm

Monday 22 August

Victorian Interschools Snowsports

Senior School Athletics Training
(Before School)

Years 11 & 12 GSV Training
(Before School)

Years 9 & 10 Soccer Training
(Before School)

Senior School House Debating
Finals 12.30pm

Years 11 & 12 GSV Round 4
(After School)

Tuesday 23 August

Victorian Interschools Snowsports

GSV Years 7 & 8 Training
(Before School)

Junior School Epstein Eisteddfods
Robert Blackwood Hall

Senior School Athletics Training
(After School)

Wednesday 24 August

Victorian Interschools Snowsports

Years 9 & 10 GSV Training
(Before School)

Years 9 & 10 GSV (After School)

Choirs and Small Ensembles Concert

Thursday 25 August

Victorian Interschools Snowsports

Senior School GSV Athletics Training
(Before School)

Years 7 & 8 GSV (After School)

Open Morning 8.45am

FROM THE PRINCIPAL

MICHELLE CARROLL

To challenge IOC sexism, women and their allies organised alternative games in the 1920s, a vital yet largely forgotten act of political dissent, with the event drawing considerable public interest, with more than 15,000 spectators was deemed largely a success. Everywhere women looked, the Olympic cards were stacked against them. The IOC, as led by Coubertin, opposed women's full participation, as the minutes of the 1914 IOC general session made clear: "No women to participate in track and field, but as before—allowed to participate in fencing and swimming."

Newspapers of the day reported favourably, if somewhat backhandedly, on the strides women were making in sports. According to the *New York Times* in 1922 "was notable for the development of women athletes in all branches of competitions fitting to their sex. Remarkable progress was made by them, and almost overnight, they assumed a place of great prominence in the world of athletics." No longer were "girl athletes ... a decided novelty," but "capable of impressive performances." For full article click [here](#).

Over the course of the past two weeks, St Catherine's social media stream has highlighted our School's very own Olympians including 1956 School Captain, Margaret McLean (Woodlock '56) who represented Australia in Shot Put at the 1956 Melbourne Olympic Games, Anna Segal ('04) Australia's sole female representative in Ski Slopestyle at the Sochi Winter Olympics in 2014, one of Australia's most recognisable female sprinters Triple Olympian and dual Commonwealth Games gold medallist Lauren Hewitt ('96), Olivia Sayers ('04) who after overcoming her fear of water went on to win Gold at the Special Olympics, Olivia Skellern (Bunn '96) who represented Australia in Equestrian at the Athens Olympic Games and Sydney Olympics in 2000 and Kristy Oatley ('96) who is making her fourth Olympic Games appearance in Rio, having represented Australia at the London 2012, Beijing 2008 and Sydney 2000 Games in Equestrian – Dressage.

And of course the reflections of staff members Mrs Gina Peele, representing Australia in Rowing in 1996 and 2000, Mrs Susan Hobson Running in 1988 and 1992 and Mrs Jeanette Gunn, Manager of Womens' Water Polo in 2000 and 2004 provide amazing stories and examples of commitment for our students.

We are so proud to have remarkable women such as these associated with our School. We hope their stories have inspired many of our current students to follow their dreams and work hard for what they believe in.

Mrs Michelle Carroll
Principal

Sources:

Women's 4x100m Relay Team image courtesy of Getty Images: Clive Rose

Kristy Oatley image courtesy of Eurodressage.com



EARLY LEARNING CENTRE CAMPBELL HOUSE NEWS



Learning in the Blue Gum Room

The children in the Early Learning Centre are provided with opportunities each and every day to learn and discover using the Reggio Emilia hundred languages. We believe children have many ways of thinking, communicating and doing and thus provide them with many opportunities to express themselves and their ideas.

"Young children are encouraged to explore their environment and express themselves through all of their available expressive, communicative and cognitive languages, whether they be words, movement, drawing, painting, building, sculpture, shadow play, or music to name a few."

Edwards, Gandini & Forman, 1998

The children in Blue Gum Room are currently using languages such as painting, drawing, wood work, clay, construction, light and shadow, wire sculpture, music and movement to explore their interests and express their thoughts and ideas. They are enjoying working on a range of individual and collaborative projects which relate to their current interest in the imaginative world, winter, transport and nature. This has provided the children the opportunity to try new experiences, extend their skills and learning, take risks and problem solve. The children look forward to sharing their work with their families at the forthcoming St Catherine's School 120 Anniversary Art Exhibition.

Ms Sarah Bethune

Blue Gum Room Teacher

Healthy Eating

We thank families for the wholesome food prepared at home for each of the children in Campbell House. Sound foundations in the essential areas of physical wellbeing including food, exercise, rest and relaxation are emphatically established when children are young. Enjoying healthy food whilst eating with friends at school provides children a strong foundation to develop lifelong healthy habits in this area.

Habits are formed early and to observe children in Campbell House enjoying fresh fruit and vegetables, yoghurt, breads, cheese, rice, noodles, dry biscuits and dried fruit for example, bears witness to a shared understanding that we all want children to be healthy and to have lifelong habits in this important area.

Mrs Alana Moor

Head of ELC and Junior School



- 1 Soraya Leos expresses her ideas through painting at the easel
- 2 Nina Steedman and Henry West used the clay and natural materials to create mandalas.
- 3 Charlie Martuccio and Harry Ward create patterns while painting on leaves
- 4 Oscar Blennerhassett works with the wire and beads
- 5 Avalon Pascoe and Jemimah O'Brien use the fabric and craft materials to create fairies

JUNIOR SCHOOL

JUNIOR SCHOOL NEWS



Parliament and Civics Education Rebate – Canberra Trip Year 6

The recent educational tour of Australia's national capital was thoroughly enjoyed by Year 6 students. They were provided the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government continues to recognise the importance of all young Australians being able to tour Canberra as part of their Civic's and Citizenship education. The Government assists families in meeting the cost of the trip by contributing funding through the Parliament and Civic's Education Rebate Program. Upon completion of the tour of Canberra, a rebate is paid directly to the School. We appreciate the endorsement of the trip and the subsidy which is used to offset some of the costs of the trip each year.

Ambassadors for Learning the French Language in Barbreck

In recognition of the outstanding commitment, determination, skill building, talent and high interest in learning and achieving well in French classes and homework tasks, three Year 6 students have been awarded badges to symbolise their roles as French ambassadors in Babreck for Semester 2, 2016. Congratulations to:

Eloise Rudge
Angela Yu
Lan-Tian Yen-West

The three students have achieved excellent results in both written and spoken areas in their French studies.

The role will see the girls sharing a love of French in various ways. For instance, they will speak at assemblies and have responsibilities to pursue during the forthcoming Arts Festival – a week of celebrating Art, Music and French.

In future years, should a student or students in Year 6, tangibly exhibit similar characteristics, appointments may be made in a similar fashion throughout the final year of the Junior School.

Continued...



- 1 Eloise Rudge, Angela Yu and Lan-Tian Yen-West are the Barbreck French Ambassadors for 2016
- 2 Jariyan Patel, Sarah Marriott and Sophie Yi at Sportex at the Australian Institute of Sport
- 3 Madeline Powell, Lilli Holmes and Pippa Shergold waiting at Canberra Airport to come home
- 4 Emma Froomes, Sarah Pratt and Eliza White enjoying time at Cockington Green
- 5 Katie Cacopardo, Jasmine Pierides, Sarah Marriott, Emilia Searby, Lara Thorn and Angela Yu eating lunch at Mount Ainslie

JUNIOR SCHOOL

JUNIOR SCHOOL NEWS



Year 2 Art Excursion – Degas!

On Thursday 28 July, the Year 2 students visited the National Gallery of Victoria to see the work of Edgar Degas. Degas is one of the most celebrated artists associated with French Impressionism, with his art completed over more than fifty years of constant creativity embracing painting, drawing, printmaking, monotypes, sculpture and photography.

The Year 2 students attended an introduction to Degas session which covered part of the history of Degas' works. They were actively engaged in the presenter's demonstration and their behaviour was outstanding.

When viewing Degas' work in the Gallery, it was remarkable to witness the connections students made. They were able to relate so many stories and facts about Degas' work which were discussed by the presenter. This experience provided the girls an opportunity to observe closely, think critically and discuss respectfully – all key elements of learning in our curriculum.

Mrs Loretta Iacuone

Year 2 Teacher

Terms and Use of Media Applications

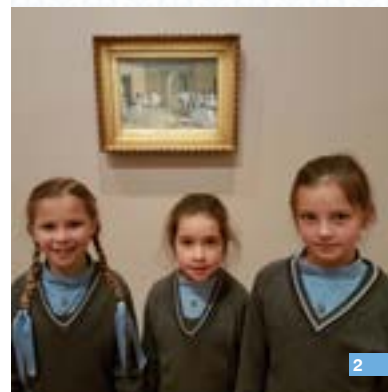
Parents are reminded that whilst there are numerous social media apps readily available, many of them have an age limit attached to them. It is essential children have the opportunity to acquire sound and safe habits when using technology. Thus, the age limit for access to some is necessary and matched presumably to an age and stage level of anticipated maturity.

Caution

It is important that children are cautioned to refrain from posting photos/videos online when dressed in School Uniform. Identification online should be minimised as much as possible. We thank parents for their cooperation on this matter.

Mrs Alana Moor

Head of ELC and Junior School



1 Group photo deer sculpture

2 Imogen Begley, Alessandra Lane and Emma Peele

JUNIOR SCHOOL JUNIOR SCHOOL SPORT



District Athletics

Our District Athletics Carnival was held on Monday 8 August at Lakeside. This is the first time it has been held here and proved not to be any warmer than Duncan MacKinnon. Despite the cold, our girls proved they had determination and braved the elements and ran out third in our District.

We look forward to seeing a number of our girls progress to the Divisional level.

From our successful district result the following girls have progressed to the divisional trials at Duncan MacKinnon Reserve on Tuesday 30 August.

| | |
|---------------------------------|--|
| 10 Yrs Relay Team | - Louisa Burney, Chelsea Harris, Zoe Hall and Caitlin Wang |
| 12 Yrs Hurdles | - Kiarna Jholl |
| 12 Yrs Shot Put | - Adelaide Mitchell |
| 9/10 Yrs Shot Put and High Jump | - Louisa Burney |

After an exhausting few days of Cross Country Skiing at Mt Buller and District Athletics at Lakeside, our Years 5 and 6 girls were treated to one of their favourite games (Flags) in afterschool sport. When it was all completed it was Davis who ran out winners with two wins and one draw.

Mr Tom Crebbin

Junior School Head of Physical Education



1 District Athletics team at Lakeside

2 Lilli Holmes focused during her 100m sprint

3 Chelsea Harris triple jumping

FROM THE DIRECTOR OF STUDENT WELLBEING

Child Safety Strategy

St Catherine's has developed a comprehensive Child Safe Strategy to assist the School in its commitment to providing a Child Safe environment. As a result of an extensive review, the School has updated a number of policies, processes and procedures in order to embed a culture of child safety at every level of the School community.

The recommendations from the *Royal Commission into Institutional Responses to Child Sexual Abuse* and the Victorian Government *Betrayal of Trust Inquiry*, have been integral in shaping the School's Child Safety Strategy. The *Betrayal of Trust* report noted that while "the majority of children are safe in organisations, there are inadequate and inconsistent approaches to child safety in organisations across Victoria". In order to establish a more consistent approach to child safety in schools, the Education Minister issued Ministerial Order No. 870 – Managing the risk of child abuse in schools, which took effect on 1 August 2016. This Order outlines seven Child Safe Standards that apply to all Victorian organisations providing services to children.

St Catherine's School and the St Catherine's School Council are committed to implementing the following minimum Child Safe Standards:

- 1) Strategies to embed an organisational culture of child safety
- 2) A Child Safe Policy
- 3) A Child Safety Code of Conduct
- 4) Screening, supervision, training, and other human resources practices that reduce the risk of child abuse
- 5) Procedures for responding to and reporting suspected child abuse
- 6) Strategies to identify and reduce or remove risks of child abuse
- 7) Strategies to promote child participation and empowerment.

The purpose of the Child Safe Standards is to drive cultural change within an organisation so that protecting children from abuse is embedded in the everyday thinking and practice of leaders, staff and volunteers. An important overarching principle is that all children, regardless of their gender, race, religious beliefs, age, disability, sexual orientation, family or social background have equal rights to protection from abuse.

The responsibility for the wellbeing and safety of our students is shared by all staff, parents, contractors and volunteers, so it is imperative that all members of the School community are familiar with the Child Safe Strategies. As such, all employees and volunteers have attended a Training Seminar regarding their obligations and responsibilities as a member of a Child Safe Organisation.

The St Catherine's Child Safety Strategy document and relevant policies can be found on [mystcatherine's](#). Policy statements are also publically available on the St Catherine's School [website](#).

Ms Merran O'Connor

Director of Student Wellbeing





Semester 2 Parent Teacher Interviews

All parents in the Senior School have received an email with information pertaining to the upcoming Parent Teacher Interviews scheduled to take place during the last two weeks of Term 3.

The email confirms not only the date, time and location of the interviews, but also provides parents with instructions on how to log on to the PTO website via [mystcatherines](#) and make their appointment times electronically.

Please note the schedule is as follows:

| | |
|----------------|---|
| Years 10 to 12 | Wednesday 31 August 4.00pm to 8.00pm (Senior School Hall)* |
| Years 7 to 9 | Tuesday 6 September 4.00pm to 8.00pm (Senior School Hall)* |
| Boarders only | Friday 16 September 1.30pm to 3.00pm (Sherren House Ballroom) |

*Some staff may be available from 2.30pm

Each appointment is of six minutes duration. Bookings must be finalised by 3.00pm the day prior to the interviews.

PTO has proved to be accessible and easily navigable in the past, however should you encounter any difficulties in using the system, please contact Mrs Jane Cox on 9828 3088 in the Senior School for assistance.

Mr Adrian Puckering

Director of Curriculum Innovation and Development

BEYOND BOUNDARIES: GROWTH THROUGH ADVENTURE AND CHALLENGE



"The only impossible journey is the one you never begin."

Anthony Robbins

Preparing for your Daughter's Beyond Boundaries Journey

It is estimated that over 50% of pages printed never get looked at. Therefore, in our commitment to help save the environment and for ease of accessibility, we are now streamlining the way you receive information about Beyond Boundaries Camps. St Catherine's School and the Outdoor Education Group (OEG) have created a Beyond Boundaries specific Program Information Website (PIW).

The PIW provides important camp specific information for each Year level with the ability to access medical and consent forms through a click of a button. The website is password protected and only accessible to the St Catherine's School community.

As part of your daughter's preparation, she will take part in briefing sessions at School where she will be provided with detailed information about camp and receive training on how to access information within the PIW. Parents are encouraged to view important camp specific information and forms, by simply visiting mystcatherines.com. Click Co-curriculum, then Outdoor Education (Beyond Boundaries). Click on the OEG logo, put in the password and select your desired camp.

Alternatively, you can access the Beyond Boundaries Website directly [here](#). Password: beyond

Purchasing Gear through Camplist

We have also provided you with a one-stop-shop option to purchase quality, discounted, Australian owned and made outdoor clothing and equipment online through Camplist.

Just click on the Purchase Gear Tab in the PIW and you will be directed to the online shop. You can purchase almost anything you see on your clothing and equipment list that you receive for the Beyond Boundaries programs. Alternatively you can click [here](#).

To receive your discount, please select St Catherine's School – Toorak and the 'St Cath's OEG' Tab.

Medical Information and Consent Forms

Before your daughter's program, please ensure her CareMonkey profile is up to date and you have shared the information with both St Catherine's School and the Outdoor Education Group. Please also ensure you have signed the e-Consent form for her to participate.

For more information, please contact the Beyond Boundaries Office on 9828 3057.

Ms Casie Chalman

Director of Outdoor Education



- 1 Planning and preparing food for the Beyond Boundaries program
- 2 Debriefing about the day and planning for tomorrow
- 3 Packed and ready to raft

Fact File: What is SCROGGIN?

Another term used in Australia and New Zealand to describe trail mix. Trail mix is a type of snack mix, specifically a combination of healthy snacks such as dried fruit, berries, banana chips and chocolate. Developed as a food to be taken on hikes and adventures.

S ultanas,
C hocolate,
R ainsins and
O ther
G oody-Goodies
I ncluding
N o Nuts

REMINDER: Please be aware of the Nut Aware Policy at St Catherine's School and The Outdoor Education Group.

SENIOR SCHOOL YEAR 7 AT THE ZOO



Year 7 Excursion to the Zoo

"On 15 July, Year 7 students went on an excursion to the Melbourne Zoo for Science and French. The French exchange students also came along as well and helped us. First of all, we had a worksheet that was written in French about the animals we were learning. Then we travelled around the zoo answering questions and discussing them with our friends. The science part was to do with endangered species. We went around the zoo looking at all the endangered ones and marking them down. After that, we chose which one we wanted to "lend our voice to". We learnt about the jobs that animals do for our planet at the Zoo Education Centre."

Holly McGlaughlin

Year 7



1 Georgina Rolfe, Holly McGlaughlin and Tingquan (Gloria) Meng

2 Sara Zayontz and Ruby Seymour

SENIOR SCHOOL

SENIOR SCHOOL SPORT



Intermediate Soccer – B Team

This week the Intermediate B Soccer Team played Toorak College at Kooyong. It was an exceptionally cold and windy afternoon however the girls did a fantastic job. The St Catherine's Team got off to a slow start conceding three goals in the first half, but after a quick change of ends the game really picked up in the second half. Alexandra Brearley did an exceptional job in the midfield and upfront, going on to score two goals. I would also like to make mention of Claudia Perkins who did really well in the midfield and also Sarah Steven in defence. In the end, unfortunately St Catherine's went down by one goal.

B Team was defeated by Toorak College 3–2

Junior Soccer

Both the Junior A and B Soccer Teams travelled to Heidelberg to play against OLMC. The A Team had a very competitive game against a very skillful OLMC team. St Catherine's Team played exceptionally well in defence and a special mention goes to Anouk Heidenreich as goalie who saved many shots at goal. Zoë Meggit also played a key role in leading the defence and assisted in stopping many attempts at goal. Although our defence was fantastic, OLMC scored two goals early on in the game. The B Team had a much tougher match, playing a very experienced OLMC B Team. The St Catherine's Team showed great teamwork and persistence, however OLMC were too strong. The best players in the B Team were Isabella Hornor and Annabel Brend.

A Team was defeated by OLMC 2–0

B Team was defeated by OLMC 9–0

Mr Chris Jones

Head of Sport

Senior Badminton

The Senior Badminton Team versed Firbank this week, in what were some very close and competitive matches. The A Team was defeated 268–196, however the score does not accurately reflect how closely matched the opponents were. The same can be said for the B Team, who despite narrowly losing overall, displayed great enthusiasm and notably improved skills. A special mention goes to Hiu-Tung (Gloria) Leung and Esther Teow, who lost by only one point, in a three set match.

The team was as follows:

1. Hannah Otto and Sophie Seng Hpa
2. Sofiya Hay and Katherine Yuan
3. Clare Cameron and Mackenzie Leyden
4. Lydia He and Hanna Adam
5. Hayley Cottrell and Ying You (Jenny) Wang
6. Georgie Sitch and Chloe Thompson
7. Elysée Dubois and Annabel Hartmanis
8. Hiu-Tung (Gloria) Leung and Esther Teow

Ms Skye Stansfield

Teacher in Charge of Senior Badminton



SENIOR SCHOOL

SENIOR SCHOOL SPORT

St Catherine's Aquatic Swimmer Profile: State Team Series 3

Name: Romy Cantwell

Age: 13

Squad: National Development

What is your favourite race? *100m Freestyle*

What is your favourite training set? *20x50 Max and Race Pace sets*

What is your main goal currently? *To improve my underwater kick and swim well at States*

Why do you swim? *Swimming helps me to balance my life and it makes me happy*

A little bit about Romy

Romy has come a long way from my earliest memories of seeing her in the pool. A member of the St Catherine's School squads, it was clear Romy had an interest in Swimming, and showed curiosity about Swimming and what it really was all about. Romy was one of the first wave of St Catherine's Aquatic (STCA) members and will be attending her first State level competition over the first weekend of September.

Quickly becoming part of the fabric of St Catherine's Aquatic National squad, Romy is learning her craft week in, week out. Cleverly, Romy has adopted a disciplined approach to her pool training and her strength and conditioning routine. None of the coaching team could ever fault Romy's focus to her training and it is clear to see a balance has been found between working hard and enjoying the process. Romy has decided on what she wants and is doing everything she can to achieve these goals.

As the weeks count down, Romy gears up for the 50m, 100m, 200m Free and 100IM at the 2016 Victorian State Age Short Course Championships (25m pool). Romy has been a regular member of STCA racing team this season, attending meets from Warrnambool to Greensborough to MSAC, continuing to gain momentum and confidence at each outing. State Short Course offers a fantastic opportunity for Romy to learn about racing at the next level, in preparation for the long course racing season.

Learning time management skills is a large part of being an athlete. Our STCA athletes are students first, swimmers second and being able to manage School workloads as well as training workloads is a skill, just the same as learning how to dive. Romy has shown that allocating a healthy balance with her time between training, studying, recovering and socialising is allowing her the development she craves. Stronger out of the pool, technically more proficient, and clearly smarter Romy has dominated her short course season with results to feel really, really good about.

Romy, every now and then an athlete comes into the picture with the ability to 'tunnel vision' their goals and dreams – you are every bit one of those athletes. You know what you want and have set out to achieve every success you desire. Learning and absorbing as much as you can as you continue down your path will see you get to exactly where you want to be.

Mr Mark Cooper

St Catherine's Aquatic Head Coach



SENIOR SCHOOL MUSIC NOTES



Music Camp

The Annual Music Camp has been and gone. I would have to say that this was one of our most successful camps because all of the girls were so easy to work with and they displayed beautiful manners, a very strong work ethic and had lots of fun. Our ensembles were generally well-balanced and I would particularly like to thank the girls who were able to stay for the whole Camp as well as the extraordinary efforts of some of our parents who drove up and back to allow their daughters to fulfil their sport obligations as well as be a part of the camp. The prize goes to Mrs Jane Whiter – was it three or four times with two girls involved?! Your support is greatly appreciated.

My sincerest thanks must go to the staff who attended the camp: Mr Tim Collins, Deputy Director of Music, Mr James Brown, Head of Performing Arts (we did get a lot of work done planning the Gala Concert!), Ms Kathryn White, Head of Education Resources and Information Centre (and amazing technology wrangler and first aider on the Camp!), Miss Tessa Dunstan, Head of Drama, Mrs Lisa Cook, Head of Strings, Ms Janis Cook and Mrs Kate Denmead, accompanists, Mr Saska Ayris and Mr Dean Hilson (Music tutors and roadies extraordinaire) and other wonderful specialist tutors Mrs Andy Dowell, Ms Mary Farrow, Ms Jessica Jacobs, Mr Leigh Olsson, Ms Maria Pisani, Ms Marianne Rigby-Black and Mrs Nicole Talbot. It was also lovely to have a visit from Year 10 Dean Ms Vasiliki Spanos. The girls loved seeing their Dean and teacher and her enthusiasm for what we do is always greatly appreciated.

Possibly the best way to explain what happened on camp is to provide some of the girls' comments:

"I enjoyed working with Soul Power. Everyone worked really well together and I really enjoyed it."

"We enjoyed the low key rehearsals – even though it was really chilled we still got a lot done."

"Having the staff there to help all the time for a whole weekend."

"I feel a lot more confident in all my pieces."

"We all really liked how in Senior Strings Mrs Cook showed us the Indian/Polka Dance and when one person played the fingering and the other did the bowing. We think that this should be how it works!"

"Finally being able to play Star Wars – yay!"

"The moment when the Jorgensen Orchestra came together after all of our sectionals and played the Star Wars Medley."

"Watching everyone (even those you would not expect) get involved in the Lip Sync Battle."

"Thanks for yet another wonderful Music Camp, cannot wait for next year."

"The gratitude displayed by all of the participants is what keeps us going! Staff cannot wait for next year either!"

Mrs Jenny Mathers
Head of Music

Term 3 Music Dates

Wednesday 24 August
Choirs and Small Ensembles Concert

Tuesday 30 August
Barbreck Choral Assembly

31 August – 1 September
Barbreck Recitals, 3.45pm

Sunday 11 September
Gala Rehearsal Day, Music Ensembles

12–16 September
School Arts Festival

Tuesday 13 September
Gala Concert 120th Celebration Concert,
7.00pm, Melbourne Recital Centre



PFA FATHER'S DAY BREAKFAST AND BARBRECK STALL



Father's Day Breakfast

The Parents' and Friends' Association (PFA) warmly invites fathers, grandfathers, special male relatives and daughters to the Father's Day Breakfast.

Friday 2 September 2016

7.00am – 8.00am

The Mary Davis Centre

Serving homemade savoury tarts, croissants, Bircher muesli, fruit salad pots, yoghurt pots, coffee, tea and juice.

Adults \$15

Students \$10

Please [click here](#) to book tickets.

PFA Father's Day Stall

This year's PFA Father's Day Stall will be held on Friday 2 September in the Junior School. Girls will have the opportunity to buy lovely gifts for their dads/special friends/grandfathers, with prices ranging from \$2 to \$20.

The Stall will be open to all girls from Prep to Year 6 (there will be no Senior School Stall this year). Please send your daughter(s) to School with some money and a shopping bag on this day.

Parents and Friends Association

Confirmation Service St John's Anglican Church

A Service of Confirmation with Bishop Genieve Blackwell will be held on Sunday 4 September at the 10.00am Eucharist service.

If you or someone you know is interested in being confirmed, please contact one of the clergy at St John's Anglican Church. Confirmation classes will commence in August. An application form for Confirmation is available [here](#).

For further information please contact St John's Anglican Church on (03)9826 1765 or email enquiries@saintjohnstoorak.org

St John's Anglican Church, Toorak



HEYINGTON CLUB AGM

Heyington Club AGM

The Annual General Meeting for the Heyington Club will be held at 6.30pm on Monday 12 September in the Sherren House Dining Room, St Catherine's School. All members of the School community are welcome to attend, especially those who wish to support our Rowing Program by joining the Heyington Club Committee. To print a Nomination form please [click here](#).

The Heyington Club is a hard-working committee dedicated to supporting and providing a social base for the Rowing Program and raising funds to support our state-of-the-art Rowing fleet.

Please call Heyington Club President Louise Lampard on 0400 559 779 if you have any questions. We thank you for your support.

The Heyington Club

