



St Catherine's School

# the blue ribbon

WEEKLY NEWSLETTER

CONNECTING PARENTS, STUDENTS, STAFF AND THE WIDER ST CATHERINE'S COMMUNITY

ISSUE 232 22 July 2016 W2 T3

## FROM THE PRINCIPAL



### Michelle Carroll

The UN Sustainable Development Goals are a global 'to-do' list to end extreme poverty, protect the planet and create a future of opportunity and dignity for all. As a School we also work towards these goals...[more](#)

## UPCOMING SCHOOL DATES



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### Nationally Consistent Collection of Data on School Students with Disability

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### Beyond Boundaries

The Beyond Boundaries sequence which runs from Year 1 right through to Year 10 has a very busy and exciting Semester 2...[more](#)



### 'Off Your Back' Appeal

Three of our Year 8 students are asking members of the School community to go hunting in their wardrobes for coats and jackets to help someone less fortunate as part of their 'Off Your Back' Appeal...[more](#)



### Music Notes

Details on Years 10 to 12 Vocal and Instrumental Jazz Selections, 120 Anniversary Gala Concert, Music Camp, Music Bursaries and the Victorian Schools Music Festival...[more](#)



## FROM THE PRINCIPAL MICHELLE CARROLL



### Sustainable Goals

This week during our Senior School Assembly, I drew to the girls' attention the 17 Sustainable Development Goals as adopted by world leaders at the United Nations last year. The Sustainable Development Goals are a global 'to-do' list to end extreme poverty, protect the health of the planet and aim to create a future where every person lives with opportunity and dignity – all by 2030.

During Assembly, we also welcomed Dr Erik Janssen (Father of Year 12 student Megane Janssen) who will deliver on behalf of St Catherine's just under 100 hand-knitted blankets to families in the village of Khopechunga, in Nepal. Dr Janssen forms part of a medical team that has established a medical clinic in the Swanta Village in a remote region of Nepal.

During his Assembly address, Dr Janssen provided an insight into Sustainable Development Goal Three – Good Health and Wellbeing. With limited medical care in the regional areas of Nepal, much of Dr Janssen and the medical team's work is focused on preventing disease. He highlighted the need for Ventolin inhalers and spacers to assist in managing the high levels of asthma owing to families residing in smoke filled huts and the need for basic items such as toothbrushes as dental care is virtually non-existent as well as the provision of glasses to improve eyesight. Following the earthquake in Nepal last year, Dr Janssen will remind the Nepalese people when he delivers our blankets that they are still in the thoughts of many people around the world.

On behalf of the School, I also acknowledge the generous donation of wool and knitting needles from Spotlight and the support of Mr Quentin Gracanin (Father of Zara in Year 8 and Sienna in Year 6). Many girls, staff, parents and grandparents contributed to knitting squares and hand sewing blankets in what has been a significant undertaking all supervised under the successful leadership of Year 10 Dean, Ms Vicki Spanos.

Our Year 9s girls this week commenced their Heyington to Highlands Program where we also have a focus on Sustainable Development Goal Four – Quality Education. The Heyington to Highlands Program is underpinned by a literacy focus, where this year, the Year 9s will deliver just over 700 books donated from our Preps to Year 12 girls. The books will enable the development of a library in each of the three schools they will be volunteering in over the course of this week. Participating in the Program will enable our Year 9 girls to gain a first hand understanding of the educational plight of teenage girls in Fiji and to also learn about their access to education beyond village life.

Continued...

## SCHOOL DATES

### Friday 22 July

Junior School Fundraising Day  
GSV Track and Field Training  
Years 7 to 12 Fitness (Before School)

### Sunday 24 July

Boards' Program 2.00pm

### Monday 25 July

Senior School Athletics Training  
(Before School)  
Years 11 & 12 GSV Training  
(Before School)  
Years 9 & 10 Soccer Training  
(Before School)

### Tuesday 26 July

GSV Years 7 & 8 Training  
(Before School)  
Senior School Track & Field Training  
Meet Trials (After School)

### Wednesday 27 July

Year 6 Canberra Study Tour  
Years 9 & 10 GSV Training  
(Before School)  
Years 9 & 10 GSV (After School)  
Junior Legacy Junior Public Speaking  
Award Excursion

### Thursday 28 July

Senior School Athletics Training  
(Before School)  
Senior School GSV Athletics Training  
(Before School)  
Years 7 & 8 GSV (After School)  
DAV Junior Debating Competition  
Training Night

# FROM THE PRINCIPAL

MICHELLE CARROLL



Teenage girls are well recognised around the world to face more and greater challenges than their male counterparts. Without education, in poor health, and often with little or no control over their own body, a girl's future can be derailed very quickly, and her potential never realised. This is why the United Nations have also focused their attention on investing in teenage girls to ensure they themselves hold the key to their own future. Over the course of the Term, I hope to spend some time focusing on the dilemma of teenage girls around the world and how the UN through the 17 Sustainable Development Goals aim to improve this, thus provoking the questions on how this is relevant for our own behaviour and understanding in Australia and what we can do as a School community to contribute to improving the situation of millions of girls across the world.



## Cut for Cancer

I also wish to acknowledge the enthusiasm and commitment of our Year 12 students in orchestrating a significant fundraising event over the course of the holidays and culminating in somewhat of a 'haircut en masse' last Friday. Year 12 girls, Mia Lansell, Georgia Bickford and Ella Swann brilliantly coordinated the St Catherine's Cancer Cut and successfully raised more than \$28,000 for cancer research.

This was a great example of empowered girls in action. Congratulations to everyone involved. The new hairdos look great!

Mrs Michelle Carroll  
**Principal**



- 1 Donated blankets knitted and hand-sewn by our School community for earthquake victims in Nepal
- 2-5 Students with their donated books for children in Fiji
- 6 Students and staff who took the chop for cancer, raising more than \$28,000 for the Cancer Council of Victoria

# EARLY LEARNING CENTRE CAMPBELL HOUSE NEWS



## Blue Gum Room

Over the School holidays the children in Blue Gum Room participated in a 'Postcard Project'. This project was initiated in response to the children's interest in other countries and places of interest around the world. The children were asked to collect a postcard from their holiday destination or a place they visited over the holidays and to post it in the mail to the ELC.

Upon their return to the ELC at the beginning of Term, the children were met with a bag of mail. Excitedly the children shared their postcards and School holiday experiences and are currently looking at the map of the world to locate these destinations.

This project has also sparked an interest in the postal system and letter writing. The children have been invited to create letters for one another using paper, envelopes and stamps and to use our classroom mailbox to post letters to one another. This project is providing the children with the opportunity to learn more about the world around them and to experiment with pre-literacy experiences.

Ms Sarah Bethune

## Teacher Blue Gum Room

### St Catherine's ELC Exceeds National Quality Standards

We are thrilled to announce that St Catherine's Early Learning Centre achieved an outstanding rating of "Exceeding National Quality Standards" in each of the seven Quality Standards required by the National Quality Framework assessed by the Department of Education and Early Childhood Development in Term 2.

The comprehensive report thoroughly endorsed the professionalism and commitment to excellence for young learners both in terms of programming and care as well as all areas of staff work.

Sincere thanks and congratulations to all staff in Campbell House who can be proud of the reflections made from an experienced and objective point of view through the assessment and rating period of inspection.

Ms Sarah Bethune and Ms Fiona Barker, ELC Coordinators, are thanked for their fine leadership and expertise in the area of early learning.

For parent information, the seven Quality Standards are:

1. Educational program and practice
2. Children's health and safety
3. Physical environment
4. Staffing arrangements
5. Relationships with children
6. Collaborative partnerships with families and communities
7. Leadership and service management

Continued...



Postcards and letters from the holidays were enjoyed in the Blue Gum Room during the start of Term 3

## EARLY LEARNING CENTRE CAMPBELL HOUSE NEWS



### Prep 2017 Orientations

Campbell House learners who will be moving into Prep in Barbreck in 2017 will soon be undertaking some orientation sessions in order to secure confidence and anticipation about becoming a Prep student.

The commencement of School is certainly an exciting time. The transition for many of our ELC learners into Prep in Barbreck is made smoother through weekly activities held in our Junior School such as Library, PMP, Junior School assemblies and the Friends Program.

A gentle entry into the School environment ensures a sense of confidence, comfort and security. Aiming to ensure that learning can commence very quickly in Prep in the new year, the sessions aim to familiarise and excite our incoming Preps and prepare them well for a great start to learning in 2016.

The sessions, initially hosted by staff and the current Prep girls, are equally exciting for those already in Prep! The students indeed feel so grown up and exude confidence when asked to discuss "When you are a Prep" statements!

Mrs Alana Moor

**Head of ELC and Junior School**

## JUNIOR SCHOOL JUNIOR SCHOOL NEWS



### Hands-On-Science' – Heat and Energy Incursion – Year 3

As part of the Year 3 Science curriculum students explore the concepts of heat and energy including sources of heat and how energy is transferred to other objects.

To support their immersion in these topics the students during Week 1 of this Term enjoyed an incursion presented by Hands-On-Science called Heat & Energy. As the name implies the two hour program involved the girls working in small groups performing a wide range of 'hands-on' experiments. Some of these included creating a light globe with steel wool, wire and a battery, a spinning top from candle heat, a hot air balloon and a chemical reaction using sugar and citric acid to produce a gas.

The excitement and enthusiasm of each girl was clearly demonstrated by the quality of their questions and answers and the collaborative way in which they created and shared their learning together. The Hands-On-Science presenter had the total engagement of all the girls through her wonderful explanations and demonstrations about the concepts. Students provide some reflections of their experience below:

*"I liked all the experiments but my favourite was finding out the perfect water temperature to feed yeast. I loved Hands-on-Science!"*

Genevieve Hooker

*"Sometimes learning can be hard, but the incursion on Wednesday was so much fun! We learnt that energy is made of particles and that heat rises."*

Portia Gowrie

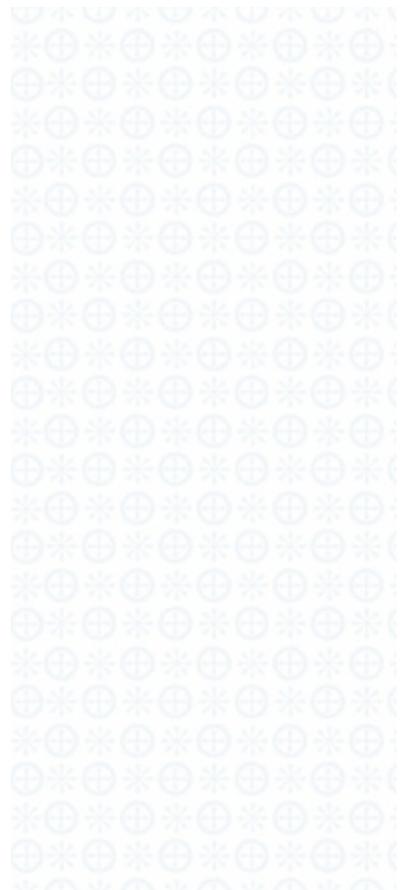
*"I loved the way the presenter let us do experiments. My favourite one was learning how to make yeast react with water."*

Jasmine Heritage-Nairne

*"The incursion yesterday was so much fun and we learned so much. All of it was interesting, but I found the chemical reactions a bit more interesting than the others."*

Natalie Wang

Mr Tim Tainsh  
**Year 3 Class Teacher**



## JUNIOR SCHOOL

# JUNIOR SCHOOL NEWS

### **Important Reminder: 25 July**

Parents are reminded that the After School Sport or Homework Happenings programs on Monday 25 July will not run. As a result of some of the recommendations from a recent Royal Commission, Ministerial Order 870, all St Catherine's School staff are required to attend an essential Professional Development session involving the legislated Child Safe Standards. Staff will attend the session after dismissal of students at 3.30pm on Monday 25 July.

In advance, we thank parents for understanding that whilst some children may have Gymnastics, Jazz Ballet or Swimming sessions children cannot play/roam in the School grounds without adult supervision. Parents are asked to collect children at dismissal time and return them to the campus at the time the next program commences.

### **Year 6 in Canberra 2016**

We wish all our 2016 Year 6 students a very engaging and productive time of learning, when they spend from next Tuesday to Friday in Canberra. The trip forms an important component of curriculum study at Year 6.

Staying at the Australian Institute of Sport students will enjoy a travel itinerary comprised of a large number of educational activities, visits and outings, as well as a great deal of fun! Both the day and evening programs involve all of the above, but also attest to the statement – "every minute counts!" It is a comprehensive and busy trip! We will welcome the students and staff back to School on the afternoon of Friday 29 July at approximately 4.30pm. This will be of course, flight times and traffic dependent.

For updates regarding the trip and anticipated return time to School, parents are advised to call the Parent Information Line on 9828 3994.

Happy travelling to all students and staff.

Mrs Alana Moor  
**Head of ELC and Barbreck**





## WHOLE SCHOOL COLLECTION NOTICE

### Nationally Consistent Collection of Data on School Students with Disability

All Schools in Australia, including Government, Independent and Catholic schools, will participate in the Nationally Consistent Collection of Data on School Students with Disability (the data collection) this year.

The data collection is an annual count of the number of students with disability receiving educational adjustments to support their participation in education on the same basis as students without disability. All education agencies are now required under the Australian Education Regulation 2013 to provide information on a student's level of education, disability and level of adjustment to the Australian Government Department of Education and Training.

Please note that data will be de-identified prior to its transfer to the Australian Government Department of Education and Training. No student's identity will be provided to the Australian Government Department of Education and Training.

The collection of this information from States and Territories will inform future policy and program planning in relation to students with a disability.

If you have any questions, please do not hesitate to contact Mrs Elka Gaensler Acting Head of Education Support in the Senior School, [egaensler@stcatherines.net.au](mailto:egaensler@stcatherines.net.au) or Mrs Glenda Lingard, Head of Education Support and Extension in the Junior School [glingard@stcatherines.net.au](mailto:glingard@stcatherines.net.au)

For additional information on the NCCD [click here](#).

Mrs Elka Gaensler

**Head of Extension and Support**



# BEYOND BOUNDARIES: GROWTH THROUGH ADVENTURE AND CHALLENGE



*The future will belong to the nature smart – those individuals, families, businesses and political leaders who develop a deeper understanding of the transformative power of the natural world and who balance the virtual with the real. The more high-tech we become, the more nature we need."*

*Richard Louv, American author and journalist*

The Beyond Boundaries sequence which runs from Year 1 right through to Year 10 has a very busy and exciting Semester 2. Each program is individually tailored and designed to suit your daughter's needs, provide appropriate challenges and support personal development whilst fostering and enriching their individual wellbeing.

All of our programs focus on three core principles based on respect and responsibility for self, others and the natural world.

Dates	Program	Location	Further Learning Outcomes
28 July	Year 10: Skill Enhancement	Various	<b>Theme:</b> weEmbrace Skill and activity development for specific Year 10 programs in November.
3–7 October	Year 8	Mitchell River	<b>Theme:</b> weConnect <b>Accepting Challenge:</b> A person seeks out, thrives and benefits from taking on challenges. <b>Emotional Resilience:</b> A person is able to effectively manage her emotional responses to difficult and stressful situations. <b>Spirituality:</b> A person has a sense of personal meaning and seeks a deeper understanding of herself and her life. <b>Conflict Resolution:</b> A person actively cares for and fosters positive communities.
14–15 October	Years 1 and 2	At School	<b>Theme:</b> weExplore <b>Community Action:</b> A person actively cares for and fosters positive communities. <b>Group Problem Solving:</b> A person contributes positively to team work and solving group problems.
17–19 October	Year 3	Sunnystones	<b>Theme:</b> weGrow <b>Accepting Challenge:</b> A person seeks out, thrives and benefits from taking on challenges. <b>Group Problem Solving:</b> A person contributes positively to team work and solving group problems.



- 1 Trekking through the snow on the Overland Track in Tasmania
- 2 Ready for our Sea Kayaking Journey
- 3 Debriefing during sunset at Whitehaven Beach in Queensland

# BEYOND BOUNDARIES: GROWTH THROUGH ADVENTURE AND CHALLENGE

Dates	Program	Location	Further Learning Outcomes
26–28 October	Year 7	Cathedral Range	<p><b>Theme:</b> weBelong</p> <p><b>Goal Setting:</b> A person is able to set appropriate goals and work towards achieving them.</p> <p><b>Community Action:</b> A person actively cares for and fosters positive communities.</p> <p><b>Group Problem Solving:</b> A person contributes positively to team work and solving group problems.</p>
19–27 November	Year 10 Odyssey	Overland Track, Tasmania	<p><b>Theme:</b> weEmbrace: Reflection &amp; Celebration</p> <p><b>Goal Setting:</b> A person is able to set appropriate goals and work towards achieving them.</p>
20-26 November	Year 10 Paddle Proserpine	Whitsundays, Queensland	<p><b>Leadership:</b> An effective leader is a person who empowers others to get a job done.</p> <p><b>Environmental Connection:</b> A person experiences a positive and meaningful relationship with the natural environment.</p>
21-26 November	Year 10 Horse Riding Canoeing	Murray River, Victoria	
21-26 November	Year 10 Rock Climbing	Grampians and Mt Arapiles, Victoria	

We also have our Duke of Edinburgh program which runs throughout the entire year.

For more information, please contact the Beyond Boundaries Office on 9828 3057.

Ms Casie Chalman

**Director of Outdoor Education**

Fact File: Richard Louv has coined the term Nature Deficit Disorder, in which he indicates that if we spend more time in nature, we can have a positive effect on behavioral issues and attention disorders, combat childhood obesity, increase cognitive development, manage stress, teach positive identification and management of hazards and risks, and promote respect for our natural environments.

For more information see Richards Louv's videos [here](#) and bestselling book *Last Child in the Woods: Saving our Children from Nature Deficit Disorder* (Workman Publishing Company, 2005)

## 'OFF YOUR BACK' APPEAL



### 'Off Your Back' Campaign

We are asking all members of our School community to go hunting in your wardrobe for winter warmers for someone less fortunate!

In Australia one in every 200 people sleep rough. According to the 2011 census in Victoria alone there are approximately 23,000 people who are homeless with six percent of that number sleeping on the streets in squats, tents or sidewalks.

This winter we are asking for contributions of coats and jackets for our 'Off Your Back' Appeal. These coats will be delivered to a range of people who may not have the means to adequately keep the cold at bay this winter. Not all jackets will go to people sleeping rough. Kid's jackets for instance may go to families suffering financial pain, or help parents who may have lost their jobs or who may be sick or injured and unable to adequately clothe their children.

Please bring coats and jackets to fit all demographics – men, women, children and adolescents. The coats must be in good condition and clean. Drop off points are located around the School, including at Student Services in Sherren House.

We are running a short but aggressive campaign with the collection of all coats and jackets on Friday, Week 3 of Term 3.

[Click here](#) to donate to the 'Off Your Back' Appeal.

Thank you for your support

Romy Cantwell, Francesca Charwood, Zara Gracanin and Isobel Tanner

**Year 8 Students**

## SENIOR SCHOOL MUSIC NOTES



### **Years 10 to 12 Vocal and Instrumental Jazz**

Years 10 to 12 students will be performing their Vocal and Instrumental Jazz selections at The Apartment 401 Little Bourke Street a week from today.

We are pleased to be able to provide our Senior students this special experience. The date was selected because of venue availability. The venue's size meant we could not accommodate all of our performers and audience, thus the selection of Senior students only, at a time when the Year 9 students are in Fiji. The School aims to provide opportunities for all students across their time throughout Senior School, but not all students can partake of every activity every time.

### **120 Anniversary Gala Concert**

Singing rehearsals for the Massed Item at the 120th Anniversary Gala Concert have begun, utilising classroom Music time in the Junior School and next week's assembly time in the Senior School.

All girls in Years 5 to 12 will be performing in a number of choral items, as well as the many students who perform in co-curricular Music ensembles. We are very excited to be able to involve all girls in this concert. Singing in a large group is usually an unforgettable, positive experience, especially for those girls who do not normally like to put themselves forward for musical events. This is one night where we encourage all families to make it possible for their daughters to be involved.

### **Music Camp**

Enrolments are now coming in fast for the Music Camp and there are a few students who have made enquiries about attending because they are new members of ensembles. Congratulations to those girls who have shown such initiative in this. Please do not hesitate to contact the Music Department if you have any enquiries about the Camp, or any other activity.

### **Music Bursaries**

Hopefully, all musical families have received application forms to apply for Instrumental and Vocal Tuition Bursaries at St Catherine's School. Whilst we do everything to pick up every girl in our program, including those who learn outside of School, we are not always made aware of exactly who is learning externally.

I am very proud that the School supports those girls who do select to learn outside of the School day from a private supplier. Lessons at School are simpler for most families, and we are pleased to offer such high quality lessons at School, but the instrumental lesson is valued however and whenever it is delivered. Please contact the Performing Arts Office for enrolment forms if still required.

### **Victorian Schools Music Festival**

Many students are preparing for their various performances at the Victorian Schools Music Festival. All of our large ensembles, including choirs, will be performing. Individual letters have been sent out to parents and students for each performance.

Mrs Jenny Mathers  
**Head of Music**

### **Term 3 Music Dates**

#### **Tuesday 26 July**

Years 7 & 8 Concert Band  
4.15pm – 7.00pm

#### **Friday 29 July**

Senior Jazz Evening at The Apartment,  
401 Little Bourke Street, Melbourne

#### **Monday 8 August**

Victorian Schools' Music Festival:  
Combined Cantanti Belli/Viva Voci,  
Session 4, 7.30pm – 10.15pm

#### **Wednesday 10 August**

Epstein Singers, 9.30am – 1.45am

#### **Tuesday 16 August**

Senior Concert Band  
4.45pm – 7.00pm

#### **8–11 August**

Bursary Auditions

(contact the Performing Arts Administrator for enrolment forms if you have not received them via email)

#### **12–14 August**

Senior School Music Camp, Oasis  
Camp, Monbulk

#### **Wednesday 24 August**

Choirs and Small Ensembles Concert

#### **Tuesday 30 August**

Barbreck Choral Assembly

#### **31 August – 1 September**

Barbreck Recitals, 3.45pm

#### **Sunday 11 September**

Gala Rehearsal Day, Music Ensembles

#### **12–16 September**

School Arts Festival

#### **Tuesday 13 September**

Gala Concert 120th Celebration Concert,  
7.00pm, Melbourne Recital Centre

### **New Conservatorium of Music**

Professor Gary McPherson, Ormond Chair of Music and Director of the Melbourne Conservatorium of Music, The University of Melbourne is quoted in the blog post for Smag (School Music Action Group) regarding plans for a new Conservatorium of Music in the Southbank Arts Precinct. The full article is available [here](#).

## SCOGA NETWORKING EVENT



### St Catherine's Old Girls' Association (SCOGA) Women in Industry Networking Events

Throughout 2016, SCOGA, are hosting a series of career specific events to facilitate networking among our members and the School community. Through these events we hope to celebrate talent, share knowledge and experience, and make and maintain connections with each other and the School.

#### Women in Banking and Financial Services: Networking Event

At this event we will host a panel of speakers who will discuss a range of topics, provide an opportunity for Q&A and networking with Old Girls and the School community who work in the Banking and Financial Services industry. Details are:

Date: Wednesday 17 August 2016

Time: 6.30pm – 9.30pm

Venue: The Academy, National Australia Bank, Ground Floor, 500 Bourke Street, Melbourne, 3000

Student tickets: \$30 per person

Professional tickets: \$40 per person

To register for this event [click here](#)

#### Speakers

Fiona Rowland ('88) – Non-Executive Director

Katrina Blair (Middleton '90) – Project Lead, Finance Business Partnership Improvement – BHP Billiton

Penny Colliccoat ('95) – Principal, Edge Financial Planning

Jaimee Salmon ('05) – Manager, Performance Alignment, NAB Strategy, National Australia

For further information about any of these events, please contact Mrs Phoebe Norman (Olsen '95) at [phoebe\\_norman@icloud.com](mailto:phoebe_norman@icloud.com)

Mrs Phoebe Norman (Olsen '95)

**SCOGA President**